

Ed Cotter

From: United States Bowling Congress <noreply@news.bowl.com>
Sent: Tuesday, August 16, 2011 6:13 PM
To: cotter_emusbc@MIDMAINE.COM
Subject: USBC Sport Report: More industry partners coming



Third winner in Team USA Fantasy Camp contest is selected

Eric Payawal of Elk Grove Village, Ill., is the third USBC Sport Bowling member to win an expenses-paid trip to the International Training and Research Center in the Team USA Ultimate Fantasy Camp contest.

Payawal receives a trip to the ITRC where he will train with Team USA coaches and also will get the chance to take on six members of Team USA in a special competition which will be broadcast live on BOWL.com.

Want a shot at attending the Fantasy Camp?

Three spots are still available in the Team USA Fantasy Camp contest. The contest is open to any USBC Sport Bowling member who bowls a 200 game or higher in their USBC Sport Bowling certified league. Once you shoot a qualifying score, go to BOWL.com/sportbowling to enter your score and be eligible for the contest.

Sport Bowling tip of the month

This month's Sport Bowling tip comes from USBC Sport Performance Specialist Nick Bohanan:

An important key to improving consistency at the foul line is the ability to maintain balance. Balance is the ability of the body to detect slight accelerations in order to maintain an upright stance. Ways to train for improved balance:

Three-point Balance Touch - Begin by balancing on your slide foot with the knee more than slightly bent. Reach your opposite foot as far forward as possible and gently tap the floor, then return to the starting position. Next, reach with the same foot as far as possible out to the side and touch the floor with the toes, and return to the starting position. Finally, reach with the foot back as far as possible and touch with the toes. Return to the starting position and repeat while standing on the non-slide leg.

Single Leg Balance and Forward Reach - Begin by standing on your slide leg with the knee slightly bent. Bend at your hips and reach out in front of you as far as possible with both hands. As your chest moves toward the floor, your non-slide leg will remain straight and extend back behind you. Maintain a flat back and a straight line from your hands through your torso to your non-slide foot. Return to the starting position and repeat while standing on the non-slide foot.

Sport Bowling Honor Roll

Congratulations to the following bowlers who recently achieved 300 games and 800 series in certified USBC Sport Bowling competition:

300 game

Troy Busch
Donald Daniels Jr
Chris Hill
Brian Johnson
Scott Lavy
Eric Osen
Craig Pagers
Tracy Sherman
Matt Taylor
Amanda Vermilyea
Troy Walker
Jason Wunderlich

800 series

EJ Tackett
Chris Monroy

More deals ahead for Sport Bowling members

For the 2011-12 season, more industry partners are joining the Sport Bowling program and these partners will have some very special offers available only to Sport Bowling members. Our returning partners also will have some great updated offers just for you.

As a Sport bowler, make sure you continue to check the members-only section of BOWL.com/sportbowling in the coming months to take advantage of some terrific new discounts and promotions.

Tools to help you start a Sport Bowling league

With the bowling season about to get underway, *now* is the perfect time to start a new Sport Bowling league in your area - and we can help.

Our Team USA Experience League promotional kit can help you advertise and generate interest about a new league. This free kit contains posters and brochures about the new Team USA Experience program. Call 800-514-2695 or email us at sportbowling@bowl.com and let us know you would like the kit.

As an added bonus for you, if you start a new Sport Bowling league before Sept. 30 and the league has at least 24 bowlers, we'll send you an autographed Team USA bowling pin. To receive the Team USA pin, you will need to fill out the form [here](#).

Save 10 percent at this month's featured IBPSIA pro shops

As a USBC Sport Bowling member, you can save 10 percent on purchases at participating International Bowling Pro Shop and Instructors Association (IBPSIA) pro shops. Details vary by provider. This month's featured IBPSIA pro shops include:

The Bowler's Shop - Greenfield Strike Force Lanes 1539 W. Main St (US 40 W) Greenfield, Ind. 46140 Norm LaRue 317-477-2255 mike@thebowlersshop.com	Pete's Pro Shop Whitestone Lanes 30-05 Whitestone Expwy Flushing, N.Y. 11354 Pete Kluska 516-906-2070 johncolaperla@yahoo.com
C&W Pro Shop #2 Killeen Bowlerama 922 N. 38th St. Killeen, Texas 76543 Tom Christie 254-690-5231 zoneman@candwproshop.com	Bowlers' Corner Cedar Lanes 3131 N. Cedar Avenue Fresno, Calif. 93703 Clay Ory 559-225-1543 cory@rich.com



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